

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga 5:30 PM Mor Sol 7:00 PM Aqua Tone	2 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	3 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	4 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	5 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Gentle Yoga 3:00 PM Aqua Tone 5:30 PM Against the Flow DJ's 6:00 PM Aqua Zumba	6 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Yin Yoga 5:30 PM DJ Chris Williams	7 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 6:15 PM Stevie Nicks Illusion
8 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga 5:30 PM James Wells	9 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	10 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	11 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	12 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Gentle Yoga 3:00 PM Aqua Tone 5:30 PM Jason Weber 6:00 PM Sunset Yoga	13 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Yin Yoga 5:30 PM Fuego Y Sol	14 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 5:30 PM DJ Chris Williams
15 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 5:30 PM Kenny Rice 7:00 PM Aqua Tone	16 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	17 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	18 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	19 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Gentle Yoga 3:00 PM Aqua Tone 5:30 PM Against the Flow DJ's 6:00 PM Sunset Yoga	20 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Yin Yoga 5:30 PM Jimmy Dale	21 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 6:15 PM ARockalypse Now 6:30 PM Sunset Yoga
22 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 5:30 PM James Wells 7:00 PM Aqua Tone	23 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	24 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	25 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	26 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga 3:00 PM Aqua Tone 5:30 PM Jason Weber 7:00 PM Aqua Fit	27 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Yin Yoga 5:30 PM Jason Weber	28 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 5:30 PM DJ Chris Williams
29 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 5:30 PM Jaxx Sessions 7:00 PM Uncork Your Inner Artist!	30 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga 3:00 PM Aqua Tone	Oct 1	2	3	4	5
6	7					