

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|---|---|
| 24 | 25 | 26 | 27 | Feb 28 | 1 | 2 |
| | | | | | 11:00 AM Aqua Zumba 1:00 PM Tai Chi/QiGong 2:00 PM Yin Yoga | 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga |
| 3 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga | 4 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 5 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 6 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 7 11:00 AM Aqua Fit 2:00 PM Gentle Yoga 3:00 PM Aqua Tone | 8 11:00 AM Aqua Zumba 2:00 PM Yin Yoga | 9 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga |
| 10 11:00 AM Aqua Fit 1:00 PM Mat Pilates 2:00 PM Hatha Yoga | 11 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 12 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 13 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 14 11:00 AM Aqua Fit 2:00 PM Gentle Yoga 3:00 PM Aqua Tone | 15 11:00 AM Aqua Zumba 1:00 PM Tai Chi/QiGong 2:00 PM Yin Yoga | 16 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga |
| 17 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga | 18 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 19 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 20 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 21 11:00 AM Aqua Fit 2:00 PM Gentle Yoga 3:00 PM Aqua Tone | 22 11:00 AM Aqua Zumba 1:00 PM Tai Chi/QiGong 2:00 PM Yin Yoga | 23 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga |
| 24 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga | 25 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 26 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 27 11:00 AM Aqua Fit 2:00 PM Hatha Yoga 3:00 PM Aqua Tone | 28 11:00 AM Aqua Fit 2:00 PM Gentle Yoga 3:00 PM Aqua Tone | 29 11:00 AM Aqua Zumba 1:00 PM Tai Chi/QiGong 2:00 PM Yin Yoga | 30 11:00 AM Aqua Fit 1:00 PM QiGong with Healing Sounds 2:00 PM Hatha Yoga |
| 31 11:00 AM Aqua Fit 1:00 PM Tai Chi/QiGong 2:00 PM Hatha Yoga | Apr 1 | | | | | |